

NEWSLETTER



1st February 2016 Term 1 Week 2

St Canice's Catholic Primary

Email: stcanices@parra.catholic.edu.au

Website: stcaniceskatoomba.catholic.edu.au

Facebook: St Canice's School Katoomba

158 Katoomba Street (PO Box 200) Katoomba NSW 2780



St Canice's Catholic Primary School
Katoomba 2014

Growth through love and learning

Contents.....

⇒ Bus Co Message	2
⇒ First Holy Communion	2
⇒ My School Lunch Box	2
⇒ Parent Teacher Interviews	2
⇒ Canberra Excursion	2
⇒ School Opal Card	2
⇒ Parent Planner Calendar	2
⇒ Swimming Carnival	2
⇒ Sports Days	2
⇒ Complaints & Grievances	2
⇒ Behaviour Management and Bullying Policy	2
⇒ Reminder to Parents	2
⇒ Change of Details	2

Notes Distributed.....

- ⇒ **Swimming Carnival**
- ⇒ **Sacramental Program**
- ⇒ **Strings Program**

Dear Parents and Carers

What a great start to the year we have had so far. All of our Kinders and Year Ones have returned along with the student in Years 2 – 6. Welcome back everyone for the start of a very exciting and wonderful year. Our focus this year continues to be in the areas of Numeracy, Literacy and the student's understanding of the Sacraments. This year we will also continue our focus on the Arts with the strings program, music program, SAS (Sculptures at School) and many other areas. At the Staff Development Day last Wednesday, we watched a motivational speaker present on the topic "How Schools kill Creativity". Sir Ken Robinson spoke about how we all have talents and abilities and as we grow older we only have certain talents enriched and other talents and abilities are let go. At St Canice's we believe that we need to enhance all students' talents and abilities. We will continue to explore more ways to allow for these talents to grow. A funny story that Sir Ken Robinson told sums up that we can easily stifle creativity of our children if we are not careful.

"I heard a great story recently, I love telling it, of a little girl who was in a drawing lesson, she was 6 and she was at the back, drawing, and the teacher said this little girl hardly paid attention, and in this drawing lesson she did. The teacher was fascinated and she went over to her and she said, "What are you drawing?" and the girl said, "I'm drawing a picture of God." And the teacher said, "But nobody knows what God looks like." And the girl said, "They will in a minute." ([TED: How schools kill creativity](#))

Yesterday's Second Reading at Mass relates to how we should deal with each other and therefore how we should enable each other to excel. "There are three things that last; Faith, Hope and Love, and the greatest of these is Love" (1 Cor 13:4-13).

Mark Geerligs
Principal

St Mary of the Cross MacKillop Parish
Parish Priest Fr. Ted Tyler

Presbytery Contact Ph: 02 4782 2804

Fax: 02 4782 6090

Website: marymackilloppupperbluemountains.org.au

Mass Times

Friday: Katoomba 12 noon Mass

Saturday: Katoomba 9.30 am Mass **Saturday Vigil:** Leura 5pm Mass

Sunday: Wentworth Falls 8am Katoomba 10am Leura 5pm

Rosary: Monday Katoomba 8.30 am, Tuesday Leura 4.45pm,
Wednesday Wentworth Falls 9.30 am, Friday Katoomba 11.30 am.
Saturday Katoomba 9 am.

A Message from the Bus Company for All Students

As we start a new year with new students, I want to bring to your attention of safety and lost frightened children and emergency contact for the younger students. This year will be different than other years with the new Opal cards replacing bus passes. We will no longer be able to look up a name and be able to call mum or dad.



If I could suggest that parents could maybe write just a simple ICE (In Case of Emergency) number on or inside the bags in case of lost children, or missed stops, this could save a lot of tears and anxiety from students, parents, teachers and bus drivers.

First Holy Communion

Students in Years 3 & 4 have been sent home information regarding the next part of their Sacramental journey, preparation for their First Holy Communion. Please return your enrolment invitation to the Parish Office as soon as possible.

My School Lunch Box

Our school canteen "My School Lunch Box" has an online ordering system to order healthy lunches for your child. Canteen is available Mondays and Fridays. Information and prices can be accessed at myschoollunchbox.com.au

Parent Teacher Interviews

Information will be sent home tomorrow regarding Term 1 Parent Teacher Interviews for Years 2—6. Parents can book interview times that suit your family best.

Interviews will be held in Week 3
8th February till 12th February

Canberra Excursion

Stage 3 will be attending a 3 day excursion to Canberra on the 9th, 10th and 11th March. Notes were sent home last week. Further details regarding the excursion itinerary will be sent home soon.



The School Opal Card

To be eligible for a School Opal card, parents need to apply at transportnsw.info/school-students. Complete the on line application. Print, sign and submit the form to the school for endorsement. The School will then forward the application for processing. The application may take several weeks to be processed.



Parent Planner Calendar

A Term 1 Parent Planner Calendar will be sent home later this week.

Sport News

Swimming Carnival

A reminder that the Swimming Carnival will be on Wednesday 3rd February at Katoomba Sports and Aquatic Centre starting from 3.30pm. This Carnival is for confident swimmers, 8 years and older who can swim at least 50m. All permission notes should have been returned but if you wish to participate please see Miss Bennett.

Sport Days

Sport days for Term 1 are as follow:

Kinder, Year 1 & 2 **Wednesday**

Years 3—6 **Friday**

Communicating Complaints and Grievances

If you have a concern in relation to your child, please contact your child's teacher first. If you feel that the problem hasn't been sufficiently dealt with after contact with your child's teacher, please contact the Stage Co-ordinator. If you feel that the problem then needs to be taken further than this, contact the Assistant Principal or the Principal. If you would like to raise a concern formally, the Catholic Education Office has procedures for ensuring that complaints are handled fairly. Information about how to lodge a complaint and a complaint form are available from the school office or in the Complaint Handling Policy and Procedures. These documents can be accessed on the system website www.parra.catholic.edu.au

Behaviour Management and Bullying Policy

St Canice's Behaviour Management and Bullying policy ensures procedural fairness, the hearing rule, and the right to an unbiased decision. St Canice's staff neither use, nor sanction, corporal punishment. When an incident occurs which requires the individual to be disciplined, staff ensure that it is dealt with in an appropriate manner taking into consideration the above requirements.

Reminder to Parents

Parents are reminded that, if entering the school grounds to attend assembly, classroom activities, etc, they are required to sign in at the office on arrival, and sign out on departure.

Change of Home or Emergency Contact Details

If you have any changes to your home or emergency contact numbers, please contact the school office as soon as possible. In cases of sickness or emergency, it is important that we have the correct contact details for your child(ren).



School Calendar



Birthday Wishes for January

Angie Ho, Oscar Bull,

Andrew Jones,

Ella Campbell, Liam Booyens, Caeden Shaw,

Darcy Nicholson, Carlia White, Jake Pereira,

Bianca Cunningham, Jesse McCabe, Amy Goulding,

Sophia Sheere, Blake Rasho, James Campbell

and Zayne Bonham

Birthday Wishes for February

Kaitlyn Barker-Swan, Danilo Nunez, Matthew Preen,

Ryan OKell-Johnston, Renee Cheretis

and Scarlett Hay,

Primary Learning Support Centre

Situated in the former Uniting Church building at
142 Katoomba Street, Katoomba.

Students in Years 2 & 3 will be catered for on
Wednesday afternoons commencing 3rd February

Students in Years 4,5 & 6 on Thursday afternoons
commencing 4th February. Hours are 3pm til
4.30pm

Application forms need to be complete and brought
to the centre. Cost is \$25 for the term for each
child.

Nova Walk for Autism

Saturday 27th February

7am—7pm Katoomba RSL

12 Hour Relay Walk

Silent Auction & Raffle

BBQ Breakfast and Lunch

\$10 entry (Lunch & Drink included)

Register with Nova Employment Katoomba

23-27 Cascade Street Katoomba

4780 6600

February

Week 2

Tuesday	3rd	Student Banking	
Wednesday	4th	Uniform Shop Open Sport K. 1 & 2 Strings Program Swimming Carnival	8.40 am 3.30pm
Thursday	5th	Italian & Music	
Friday	6th	My School Lunch Box Whole School Assembly Sport Years 3 –6 Welcome Mass String Ensemble	8.40am 12 noon 3 pm

Week 3

Monday	8th	My School Lunch Box	
Tuesday	9th	Student Banking Craft	8.45 am
Wednesday	10th	Uniform Shop Open Sport K. 1 & 2 Strings Program	8.40am
Thursday	11th	Italian & Music	
Friday	12th	My School Lunch Box Whole School Assembly Sport Years 3 –6 Mass & reconciliation String Ensemble	8.40 am 12 noon 3 pm



TRIVIA NIGHT



SAVE THE DATE

Come one and all for a fun filled night of trivia, games and prizes!

St Canice's is hosting a Trivia Night to help raise money for Miss Lauren Bennett to attend World Youth Day, 2016.

Please encourage your friends and family to come along as well.



Where: St Canice's Hall

When: Friday 4th March

Time: 6:30 – 9:30pm

Teams: 8 – 10 per table

~\$15p/p (including sausage sizzle, tea/coffee, supper)

Adults ONLY

BYO drinks/nibbles

More information to come ☺



"Young adults and youths are invited to join the pilgrimage of a lifetime to have a mission experience to Bohol Island in the Philippines, which was devastated by an earthquake in 2013. Pilgrims will spend four days working with young people in parishes, schools and orphanages. Following this mission experience, the group travels to Krakow, Poland to participate in and celebrate World Youth day week with millions of young people ready to pray in solidarity with Pope Francis at World Youth Day."

The simplest way

...to bake a healthy lunch box treat.

Homemade muffins are a great way to add a fruit or veg-filled treat to lunch boxes.

Apple and date muffins

Ingredients: 3 apples, chopped; 1 cup boiling water; 200g dates, chopped; 50g butter; 2/3 cup brown sugar; 2 tsp mixed spice; 1 egg; 1 tsp baking soda; 1 tsp baking powder; 2 cups wholemeal flour.



Method: Preheat oven (180°C). Chop apples and dates. Add boiling water, butter and sugar. Mix until butter melts and sugar dissolves. Add spice and allow to cool. When fruit mixture is warm, not hot, add spice and egg. Mix well. Add baking soda, baking powder and flour. Mix, but do not overbeat. If mixture is too dry, add a little milk. Spoon into the prepared muffin or mini-muffin tin. Bake for about 15 minutes. Makes 12 muffins or 24 mini-muffins.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The *Eat It To Beat It* program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.



Have you had a fall recently or are you concerned about falling?
Are you over 65 years of age?
Do you want to have fun while learning how to prevent falls?

Come to a **FREE STEPPING ON PROGRAM**. It's an informative and fun program, presented by trained health professionals who will provide you with up to date advice on how to build your confidence and prevent falls.

Topics include: Reducing home hazards, moving safely in the community, safe footwear, vision and nutrition, medication management and exercises to improve strength and balance.

"I now have a sense of hope that I'm still in control and I can improve with effort." Stepping On participant.

Next program starts: **Wednesday 3rd February 2016 from 9:30am – 11:30am at Katoomba Neighbourhood Centre, 6 – 8 Station Street, Katoomba.**

The program runs for two hours a week for seven weeks, followed by a refresher session two months later.

BOOKINGS ARE ESSENTIAL.

To register or for more information phone:

- Stepping On Coordinator: Melissa O'Neill on 47343877.