



## **Cross Country 2018**

Dear Parents,

On Friday, 16<sup>th</sup> March (Week 7) all children from Kinder to Year 6, will participate in the annual Cross Country Carnival. The Cross Country carnival will be held at Katoomba Falls Reserve, Katoomba Falls Rd, Katoomba.

It will be a great day where the children can participate in a range of activities to earn points for their House. There will be cheering, marching, tabloid games and the Cross Country events.

### **The children will complete the following course**

Kindergarten:	1 lap of oval with Year 6 buddies
Year 1 & 7 year olds:	1 lap of course
8, 9, 10 Yrs:	2 laps of course
11 Yrs:	3 laps of course
12 Yrs:	3 laps of course

### **Transport - Please complete the attached form**

- Children who are not being driven to the Reserve will need to be at school by 8:40am.
- The children will then walk to the Reserve with their class group and teacher.
- It is anticipated that the Cross Country events will commence at about 9:30am.

### **Requirements**

**What to Wear** Children can wear shorts and shirts in the colour of their house teams.  
A hat is essential.  
A jumper may be needed in case of cold weather.

**What to Bring** **Plenty of water** to drink (no glass bottles)  
Sunscreen  
Morning tea, lunch  
Runners  
Something to sit on if the ground is damp

In order to run the carnival, we require parents to help with various roles such as

- course marshals
- timekeepers
- helping to set up and pack up
- transporting tents and other items to Katoomba Falls Reserve (a ute or trailer would be useful)

If you are able to assist, please indicate on the attached form.

At the conclusion of the day, your child may go home with a parent. If your child is going home with another adult, other than yourself, please ensure that this has been communicated to your child's teacher in writing.

Please fill out the entry form attached and **return it to school** by Friday 2<sup>nd</sup> March.

Kind regards,

Kellie Clarke

Sports Coordinator

# St Canice's School Cross Country 2018

## Entry Form



Please complete and return to school by Friday 2<sup>nd</sup> March

Child's Name: \_\_\_\_\_ Age (turning) in 2018 \_\_\_\_\_ Class: \_\_\_\_\_

I give permission for my child \_\_\_\_\_ to participate in the St Canice's Cross Country Carnival at Katoomba Falls Reserve on Friday 16<sup>th</sup> March, 2018.

Does your child have a medical condition? YES / NO If yes, please indicate: \_\_\_\_\_

### Transport

- I will be transporting my child to Katoomba Falls Reserve.
- My child will be walking to Katoomba Falls Reserve with the school.

At the conclusion of the day my child will be:

- Walking back to school
- Travelling home with parents
- Travelling home with \_\_\_\_\_

### Help

- I am able to help at the Cross Country Carnival
- I am able to be at Katoomba Falls Reserve by 8.00am to help set up
- I have a trailer / truck / ute

Parent/Carer Name: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Growth Through Love & Learning

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