

# NEWSLETTER



19th February 2018 Term 1 Week 4

## St Canice's Catholic Primary

Phone: 4780 6800

Email: [stcanices@parra.catholic.edu.au](mailto:stcanices@parra.catholic.edu.au)

Website: [stcaniceskatoomba.catholic.edu.au](http://stcaniceskatoomba.catholic.edu.au)

Facebook: St Canice's School Katoomba



St Canice's Catholic Primary School  
Katoomba 2014

Growth through love and learning

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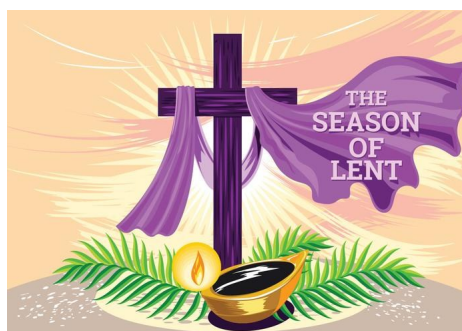
## Dear Parents and Carers

Last Wednesday was Ash Wednesday. It marked the start of our Lenten period. "The season of Lent is a good time to examine whether we are responding to the Spirit of God in our lives or succumbing to the attraction of false Gods".

All students from Year 2 to Stage 3 went to the Parish Mass and the Kinders and Year One's had a classroom liturgy.

We all received an ash cross on our forehead to remind us to say sorry of our sins during the Lenten fast.

Sunday's Gospel (Mark 1:12-15) starts Jesus' time of 40 days in the wilderness. Jesus said "The time has come". It is now time for us all to see how we can help others.



Mr Mark Geerligs  
Principal

**St Mary of the Cross MacKillop Parish**  
**Father Carlos Walker & Father Sean Bradley**

Presbytery Contact Ph: 02 4782 2804

Fax: 02 4782 6090

Website: [marymackilloppupperbluemountains.org.au](http://marymackilloppupperbluemountains.org.au)

### Mass Times

**Friday:** Katoomba 12 noon Mass

**Saturday:** Katoomba 9.30 am Mass **Saturday Vigil:** Leura 5pm Mass

**Sunday:** Wentworth Falls 8am Katoomba 10am Leura 5pm

**Rosary:** Monday Katoomba 8.30 am, Tuesday Leura 4.45pm,  
Wednesday Wentworth Falls 9.30 am, Friday Katoomba 11.30 am.

Saturday Katoomba 9 am.

# Enrolling Now for 2019

## Special Announcement:

St Canice's has been asked by Scenic World Katoomba to do an artistic installation on the ceiling of the café for the upcoming exhibition in April/ May. This is a great honour and privilege for the school. However it means we **ALL** need to help make it a reality. All the students and parent community need to help out. Our theme this year is around "Saving Our Trees". We are going to create the 225m2 ceiling space into a rainforest with gum trees that would be the perfect habitat for our local koalas.



**Can you Help?** We need to cut out many, many, many leaves to be attached to large netting on the café ceiling. Can you take some green paper and a leaf template home and cut out as many leaves as possible please?

Go to the library to collect your supplies. Please leave all completed leaves in the box in the library. We have to complete this well before April.



## Swimming Carnival

Last Friday, 7th of February, 16 students from St Canice's went down to Katoomba Sports and Aquatic centre to compete in the swimming carnival. Every student displayed excellent sportsmanship. They cheered each other on, encouraged those swimming, and congratulated everyone, not just the winners, at the end. It was a proud moment for our school. Congratulations to our age champions Meenatchi & Vengili Selvarasa, Xavier Tan, Claudia Dee and Julian Brischetto.

We would like to wish the children who are heading off to zone tomorrow the best of luck - Luke Hronsky, Matthew Preen, Emma Garraway, Claudia Dee, Julian Brischetto, Bodhi Miller, Eva Garraway, and Lucy Hargraves. I am sure you will continue to make us proud with your efforts, achievements and most of all, your sportsmanship.

A big thank you to those parents and staff that helped willingly at the carnival. It would not have been possible without you.

Kellie Clarke  
Sports Co-Ordinator



## Mini Vinnies Wednesdays

To be held across the year. Mini Vinnies will be organising an interesting activity on select Wednesdays throughout the year to help raise funds for St Vincent de Paul. Our first day for the year is

### Create Bubbles day!

### Wednesday 21<sup>st</sup> February

Students can participate in creating bubbles using bubble wands.

Bubbles will cost \$1 and can be bought at lunchtime from a Mini Vinnies representative.



## Whole School Mass

This Friday at noon, we will be having our first whole school Mass to welcome in the new year and our 2018 school leaders who will be presented with their leadership badges.

Congratulations to our 2018 leaders

Kayla Sayers

Kaitlyn Barker-Swan

Julian Brischetto

Bodhi Miller

They will make fine ambassadors for our school community.

## Catholic Schools Week

Catholic Schools week starts very soon. The theme this year is

### *Every learner, every day: Transforming Lives*

On Tuesday 6<sup>th</sup> March the school will have an Open morning from 9am – 12 noon. Please join us and look through the classrooms and see some of the special things we do here at St Canice's.

At each of the Weekend Masses for Catholic Schools Week, starting Saturday 3<sup>rd</sup> March, one of the school staff will talk about St Canice's and the great things we do. It would be great if school students (in their uniform) could join us at the Mass. Fr. Carlos and Fr. Sean would love it if these students could help in some way during the Mass. If you and your children are coming to one of these Masses, please see the Teacher assigned.

The Mass times are:

Vigil Mass Saturday 3 <sup>rd</sup> March	Leura	5pm
(see Miss Krawczyk)		
Sunday 4 <sup>th</sup> March	Wentworth Falls	8am
(see Mr White)		
Sunday 4 <sup>th</sup> March	Katoomba	10am
(see Mr Geerligs)		
Sunday 4 <sup>th</sup> March	Leura	5pm
(see Mr Wedesweiler)		



## Ensemble Performance

This Saturday 24<sup>th</sup> February from 10:30 – 11:00, St Canice's has been asked to perform on the grass at the Carrington. We are helping Rotary celebrate 113 years of work in the mountains. Please join us for this special performance.

## Gold Award Assembly

Friday 2nd March is our first Gold Award assembly for 2018. All students who have enough silvers for a Gold will need to bring them to school before Thursday 1st of March.

## Changes to Pick up Arrangements

Parents are advised to please inform the Office if your child/ren have changed afternoon pick up arrangements.



## School Photos Date

Our school photographer has been booked in for Thursday 22nd March this year. Envelopes and information will be sent home next week. Ordering will be online.



## Nut Free Please

We at St Canice's would like to remind all families that we endeavour to be a Nut Free School. As part of our awareness and care for children in our School that have Anaphylaxis, which is a life threatening allergy to nuts and products containing nut traces. We ask that everyone be thoughtful in bringing snacks and lunch from home. Children are precious and irreplaceable. Please assist us in keeping them safe and we thank you in anticipation of your understanding.



## Online Uniform Ordering Information

Abel Schoolwear are the Uniform providers for St Canice's Primary. Uniforms may be purchased at any time throughout the year by visiting their secure webstore as set out below

1. Go to [www.abelschoolwearshop.com](http://www.abelschoolwearshop.com)
2. Select "Shop" from the menu page
3. Select St Canice's Primary School
4. Start shopping.

Goods will be delivered directly to your home. Abel Schoolwear is located at Unit, 5 Coombes Dr, Penrith.

Phone 4731 2388  
Fax 02 4731 2263  
PO Box 1920 Penrith

## Absentee Notes

If your child is absent from school a note is required to be sent in on their return with the reason of their absence. Alternatively Skoolbag have a submission form that can be processed online and sent through to school or you may call the Office and explain their absences.



## A reminder for Parents and Carers

Whilst every day at school matters, we ask that in the interest of the health and wellbeing of our students and staff, please ensure children who are unwell stay at home until they are no longer sick and contagious. Children with vomiting and diarrhea are required by NSW health to stay isolated for 48 hrs after symptoms have ceased. For more information please visit [www.health.nsw.gov.au](http://www.health.nsw.gov.au)



## Access to Newsletter and Calendar

To find up to date information and gain access to the St Canice's calendar and newsletter, please subscribe via our school website at <http://www.stcaniceskatoomba.catholic.edu.au> Select "Current Community" and then click Newsletter this will enable you to enter your email address for your subscription to the newsletter, latest news, calendar etc. Information can also be found through the skoolbag app and our facebook page.

## Late Arrivals and Early Departures

The new automated roll marking system highlights the extent of partial absences for students. It seems to have become a habit for some students, continually arriving late at school and we ask that you have your children at school no later than 8.40am ready for assembly. Children may arrive at school from 8.20am when staff are on duty. When a child arrives late they cause disruption to the whole class, they miss assembly and morning instructions, but more importantly they miss part of their first lesson. When a child leaves early this also causes disruption to the whole class, interrupting lessons and depriving them of the time to complete their work for the day, they also miss any last minute reminders. Punctuality is a valuable life skill.

## St Canice's New Phone Number

St Canice's Primary School has a new digital phone number. The number **4780 6800**, is now replacing 4782 1260.

A redirection will be in place for 6 months to allow time for our community to update and familiarise.



# School Calendar

Subscribe to the Parent Calendar and Newsletter  
[www.stcaniceskatoomba.catholic.edu.au](http://www.stcaniceskatoomba.catholic.edu.au)  
 Select "Current Community" click on Newsletter

## February

### Week 4

<b>Tuesday</b>	20th	Nepean Zone Swim Carnival Student Banking Kinder Sport Writers Club S2 & S3	8.15am  1:20pm
<b>Wednesday</b>	21st	Stage 3 Sport	
<b>Thursday</b>	22nd	Music Italian	
<b>Friday</b>	23rd	Assembly Beginning of the Year Mass Stage 2 Sport My School Lunch Box String Ensemble	8.50am 12noon  3pm
<b>Saturday</b>	24th	Ensemble performance at the Carrington Hotel	10am— 11:30am

### Week 5

<b>Monday</b>	26th	Stage 1 Sport My School Lunch Box	
<b>Tuesday</b>	27th	Kinder Sport Student Banking Writers Club S2 & S3	1:20pm
<b>Wednesday</b>	28th	Stage 3 Sport	
<b>Thursday</b>	1st		
<b>Friday</b>	2nd	Stage 2 Sport Gold Award Assembly Mass S2W My School Lunch Box String ensemble Bush Dance	3pm 5:30— 7pm

## Our School Bell Times

8.40am School Begins

10.40 Recess

1.10 Lunch

2.50 End of Day

### My School Lunch Box

The My School Lunch Box supplies healthy and fresh lunches delivered to our school on Mondays and Fridays. Simply browse the menu on the website and select the food and drinks required. Enter the school, child, class and day. Payment can be made via credit card or PayPal.  
[myschoollunchbox.com.au](http://myschoollunchbox.com.au)

### KOOSH

Katoomba Out of School Hours operates at 10 Station Street Katoomba .  
 Phone 4782 2533 or  
 0478 166 352



### Building Child Safe Communities

"Building Child Safe Communities" is a initiative developed by the Catholic Education Diocese of Parramatta that enhances our commitment to ensuring the safety and wellbeing of all students in our care. It is now a requirement that all volunteers complete an online undertaking form that confirms expectations in relation to behaviour whilst volunteering at school. This undertaking form also seeks to determine the suitability of volunteers by requiring them to declare that they do not have a criminal history involving children.

Webpage

<http://www.parra.catholic.edu.au>

Then click on "Child Protection Training forms" (halfway down page on the right hand side)

This is mandatory for all parents and carers who wish to help in the school or attend school excursions.



Subscribe to the Parent Calendar and Newsletter

[www.stcaniceskatoomba.catholic.edu.au](http://www.stcaniceskatoomba.catholic.edu.au)



BECOME A WENTWORTH  
FALLS WARRIOR

REGISTRATIONS  
OPEN FROM  
MID-JANUARY  
2018. ALL  
WELCOME, AGES  
5 AND UP...



**FDA ACADEMY**

The FDA Soccer Academy Program, held at **Pitt Park** Wentworth Falls, is designed to help improve player's:

- Game intelligence
- Skills and movement
- Flexibility and balance
- Tactical understanding

**Wentworth Falls  
Blue Mountains  
2018**

**BOOK NOW**  
on 9024 5122 or visit  
[footballdevelopment.com.au/academy](http://footballdevelopment.com.au/academy)

[footballdevelopment.com.au](http://footballdevelopment.com.au)

**FDA FOOTBALL DEVELOPMENT AUSTRALIA®**

# What's On in Our Community

WESTWORDS IN  
PARTNERSHIP WITH THE  
AUSTRALIAN CHILDREN'S  
LITERATURE ALLIANCE  
PRESENT

## AN EVENING WITH MORRIS GLEITZMAN

The first public event to feature Australia's  
new Children's Laureate for 2018/19

**THE CARRINGTON, KATOOMBA**  
**MARCH 10, 2018**  
6pm for 6.30pm start  
Refreshments included  
Adult \$25 // Concession \$15  
RSVP @ [westwords.com.au](http://westwords.com.au)  
or call 8677 4815



WestWords is proudly supported by




Create NSW  
Arts, Screen & Culture



**if u like ART**

A leading Visual Arts School in  
Sydney offering creative experiences  
for kids & teens since 2008

After School Drawing Classes in Katoomba for ages 7 to 15

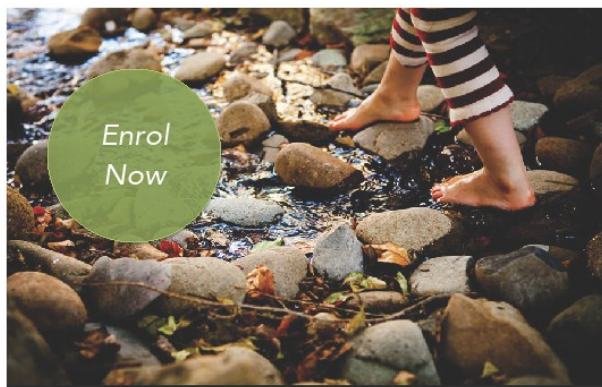


**ALL OUR TEACHERS ARE ARTISTS**  
Our lead teacher is National Art School trained  
Venue: St. Hilda's Anglican Church  
68 Katoomba Street Katoomba

For bookings contact Daphne  
**M: 0409 569483**  
[daphne.katos@bigpond.com](mailto:daphne.katos@bigpond.com)

**Tuesdays & Thursdays**  
3.30pm to 5.00pm  
5.15pm to 6.45pm  
\$28 per session (incl. materials)  
\$252 for 9 week term commitment  
JOIN A CLASS ANYTIME DURING  
SCHOOL TERM

Download booking form at [www.ifulikeart.com](http://www.ifulikeart.com)  
All our teachers have Working With Children Checks



Enrol  
Now

## Katoomba Leura Preschool

Excellence in Community Run Preschool Education

\$10 per day for  
low income,  
Aboriginal &  
Torres Strait  
Islander families



4782 1639

Corner Lett & Wilson St, Katoomba  
[www.katoombaleurapreschool.com.au](http://www.katoombaleurapreschool.com.au)




Cherry Blossom  
Early Learning Centre 4784 2472  
16a Grose Street Leura




**OPEN : Monday - Friday 7.30am - 6pm**

Nurturing Environment		Natural Playgrounds	
	Whole Food Menu		Friendly Staff

find out more at [www.cherryblossomelc.com.au](http://www.cherryblossomelc.com.au)



Come and have lots of fun! We play games, make craft and have fun Bible time together. We also provide afternoon tea.

**Kmotion**

An after school club for children in school years K-6  
Fridays after school 3:30 - 5:30pm  
St Hilda's Church Hall Katoomba

\$5 donation each week helps cover costs of food and craft  
Any enquiries? Contact Robyn 0438 401 088

# KIDZPLAY



Fridays 9.30-11.30am  
St Hilda's Church Hall, Katoomba

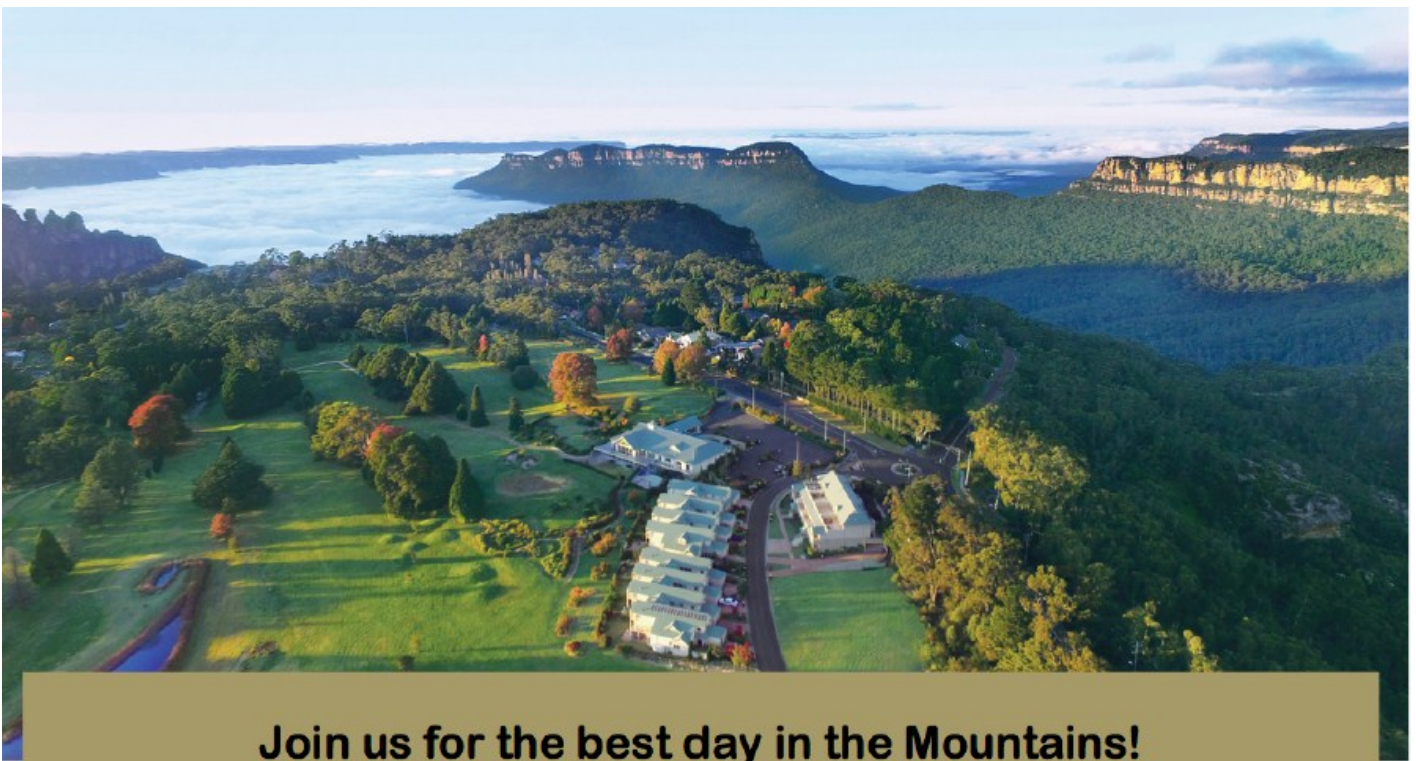
For children 0-5 years & their parents/carers  
babies, toddlers & preschoolers are all welcome

Come and have fun! We have a jumping castle, slippery dip, exciting Bible story time and craft.  
Morning tea is provided for kids & adults.

Regular cooking mornings where the young  
children themselves do the cooking!  
Parents can chat with others while kids play.

\$5 per child per week  
Any enquiries? Call Robyn ph. 0438401088





## Join us for the best day in the Mountains! **Escarpments Estate**

- **GOLF DRIVING RANGE**

Enjoy the peace and serenity while you practise your swing at the only driving range in the Blue Mountains!

- **MOUNTAIN BIKE HIRE**

Explore our parklands or the many nearby trails. There is something for all levels of fitness and experience!

- **FOOT GOLF**

This worldwide craze has come to the Mountains! It's great fun for individuals or groups and perfect for all ages!

- **HEALTH & FITNESS**

Boot camp, yoga, tai chi and more – join us for a great workout while you're visiting and be rewarded with a free coffee afterwards!

- **+ 57 acres of parkland to explore!**

To find out more call us  
on 1300 038 212

[www.escarpmentsestate.com.au](http://www.escarpmentsestate.com.au)



**ESCARPMENTS**  
- ESTATE -

# The simplest way

...to help parents *Eat It To Beat It*.

Want to learn more about getting your family to eat well to reduce cancer risk, and empower other parents to do the same?

Join Cancer Council NSW's *Eat It To Beat It* program as a volunteer Program Facilitator.

We will train and support you to deliver free Healthy Lunch Box sessions and Fruit & Veg Sense workshops that:

- Help families to reduce their cancer risk.
- Make a difference in your community.
- Increase your confidence and improve your presentation skills.



For more information email [eatittobeatit@nswcc.org.au](mailto:eatittobeatit@nswcc.org.au) or phone (02) 4923 0710.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

The *Eat It To Beat It* program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

# The simplest way

...to make zucchini and corn fritters

## Ingredients

2 zucchinis, grated & liquid squeezed out  
1 cup frozen or canned corn kernels  
1 cup red capsicum, finely diced  
4 eggs  
½ cup grated Parmesan cheese  
½ cup chopped, fresh dill  
6 tbs wholemeal flour  
Olive oil spray



## Method

1. Place the zucchini, corn, capsicum, eggs, Parmesan, dill and flour in a bowl. Mix well.
2. Spray a large fry pan with olive oil and heat over a medium heat. Working in batches, fill an ice-cream scoop (or large spoon) with the mixture and drop onto the pan. Flatten the fritters out slightly with a fork. Cook for approximately 4 minutes or until brown, flip and continue to cook until that side is brown and cooked through.

Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for recipes & information you can trust.

The *Eat It To Beat It* program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

# The simplest way

...to pack a lunch box is here!

The task of packing a healthy school lunch is now easier with the launch of our exciting new Healthy Lunch Box website [healthylunchbox.com.au](http://healthylunchbox.com.au)

The new website shows how easy it can be to pack a healthy lunch box that your kids will love.



It features an interactive lunch box builder that enables you to plan your kids' lunches on your phone, desktop or tablet - it's quick, easy and the kids will love helping too!

Healthy recipes and tips on adding more fruit and veg to lunch boxes will help set your child on a path of lifelong healthy eating to reduce their cancer risk.

Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for recipes & information you can trust.

The *Eat It To Beat It* program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

# The simplest way

...to swap unhealthy snacks.

Visit the Healthy Swaps section of our new Healthy Lunch Box website for tips and recipe inspiration on swapping out unhealthy lunch box snacks - [healthylunchbox.com.au/recipes/healthy-swaps](http://healthylunchbox.com.au/recipes/healthy-swaps)

Try swapping store bought muesli bars with homemade chewy fruit and seed bars, fruit loaf or banana pikelets.



Swap lollies and chocolate bars with dried fruit, bliss balls, celery boats with sultanas or reduced fat custard tubs.

Swap out sweet and flavoured biscuits with homemade veggie or fruit muffins or biscuits, wholemeal crackers with hummus or baked pita bread with veggie dip.

Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for recipes & information you can trust.

The *Eat It To Beat It* program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.



# Bishop Office

## Fasting and Reparation

The Australian Catholic bishops have proclaimed the days from Ash Wednesday until the following Saturday (February 14-17) Days of Fasting and Reparation in sorrow for child sexual abuse and the healing of victims. In addition to the work that has been undertaken in the area of the protection of children and vulnerable adults, the Days of Fasting and Reparation are an authentically Catholic response to supplement those efforts. Resources can be accessed at [www.catholic.org.au/fastingandreparation](http://www.catholic.org.au/fastingandreparation)

## Pre-marriage preparation courses

The Life, Marriage and Family Office are again offering Pre-Marriage preparation courses for couples intending to marry. Couples are invited to book online to attend either a weekend course or individual couple preparation. The website for online booking is [www.parracatholic.org/pmp](http://www.parracatholic.org/pmp). The dates for all courses in 2018 will be found online. Further enquiries: 02 8838 3460.

## Walk the Lenten Journey on your mobile phone

The Xt3 Lent Calendar App 2018 is available for download on Apple and Android devices (search for Xt3 Lent) and can be viewed from the website: [www.xt3.com/lent](http://www.xt3.com/lent). The Lent calendar will run from Ash Wednesday to Divine Mercy Sunday. Each day will unlock a new video, meditation or podcast, to help you prayerfully journey through Lent. The theme for the Xt3 Lent Calendar 2018 is "Let us keep our eyes fixed on Jesus."

## Positions Vacant

- Family Life Coordinator - Blacktown Parish, Blacktown

More details at: [www.mqofblacktown.org.au](http://www.mqofblacktown.org.au)

- Interfaith and Ecumenical Executive Officer - Chancery Office, Sydney

- Safeguarding Training and Support Officer - Chancery Office, Sydney

More details at: [www.catholicjobsonline.com.au](http://www.catholicjobsonline.com.au)

## Volunteers Needed

Kimberley Catholic Volunteer Service in the Diocese of Broome, WA, requires volunteers to assist with the work of the local Church in the Kimberley. There are various important voluntary tasks: administration, building maintenance, gardening, shop staffing, cooking, cleaning etc. Placements are preferred for a period of 6 months. We are currently seeking caretakers for the Balgo parish. Accommodation and food is provided. For further details on how to be a part of this unique experience, and an application form, please contact: Volunteer Coordinator: Anneliese Rohr 08 9192 1060.

Email: [volunteers@broomedioocese.org](mailto:volunteers@broomedioocese.org) or Web: [www.broomedioocese.org](http://www.broomedioocese.org)

## Natural Fertility Services – Diocese of Parramatta

Natural Fertility Services specialises in helping couples identify the best time to achieve or postpone pregnancies. Natural Family Planning is based on the observation of the naturally occurring signs and symptoms of the fertile and infertile phases of a woman's menstrual cycle. No drugs, devices, or side effects! For more information please contact

Natural Fertility Services on 02 8838 3442, 0400 427 605 or [nfs@parracatholic.org](mailto:nfs@parracatholic.org)

## World Youth Day 2019 Information Evenings

Every three years WYD provides an opportunity for young people (aged 16-35) to be immersed in the beauty, intensity and adventure of our Catholic faith as we unite with the youth of the world in the presence of Pope Francis. Bishop Vincent and Catholic Youth Parramatta invite young people of our Diocese on a journey to the host city of Panama in Central America during January 2019. Unique to our Diocese, we will be immersed in a sharing of faith, culture and local experiences in the shadow of ancient pyramids, Basilica's and the Shrine of our Lady of Guadalupe as we pass first through Mexico.

Visit [www.parrawyd.org](http://www.parrawyd.org) and join us for one of three upcoming information evenings to learn more. All are from 7-8:30pm. Tuesday 20 February – Our Lady of the Rosary Parish, St Mary's

## National Day of Action against Bullying and Violence 16th March, 2018

Registrations are now open for the 2018 National Day of Action against Bullying and Violence (NDA) to be held Friday 16 March 2018.

This annual positive day of action provides a national focus for school communities to talk about the importance of 'taking a stand' against bullying and violence. Each official NDA school will have access to a range of downloadable resources and materials to make the day your own, including parent and student tips, lesson plans, classroom discussion starters to encourage students to say 'Bullying. No Way!'. Join the movement now and register for the NDA. All Australian schools are invited to register as an official NDA school and start planning early! [The Bullying. No Way!](http://TheBullying.NoWay!) website offers schools a range of resources, materials, lesson plans and classroom discussion starters to support NDA activities. For more information and to register visit [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

## Vegetable Week and The Big Vegie Crunch 2018 for Primary Schools

Vegetable Week, featuring The Big Vegie Crunch, is back for 2018. Vegetable Week will run over Week 5 of Term 1 - from Monday 26 February to Friday 2 March 2018 – with The Big Vegie Crunch being held at 10am on Thursday 1 March.

Vegetable Week is a quick, easy and FREE school-based event that aims to increase students' knowledge, exposure and positive attitudes towards vegetables. The Big Vegie Crunch is the exciting record breaking focus of Vegetable Week. It is an attempt to get as many NSW primary school students crunching vegetables together as possible.

Last year 29,067 NSW primary school students crunched simultaneously. Help us to break this record in 2018! For more details on the event, and to register, take a look at the Vegetable Week and The Big Vegie Crunch webpage – [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

## PRC 2018 Calendar of Events

A copy of the calendar can be downloaded via [2018 Calendar of Events](#) for the Parents Representative Council (PRC). All parents and friends are welcome to attend.

## CatholicCare Counselling has moved to 13 Buller Street North Parramatta

CatholicCare Western Sydney and the Blue Mountains has relocated from 2A Villiers Street, North Parramatta to 13 Buller Street North Parramatta. CatholicCare will continue to offer the following services: - Personal and Family Counselling - Relationship Counselling - Post Separation Support and Counselling - Grief and Loss Counselling for adults and children - Financial Counselling - Problem Gambling Counselling - CHOICES NDIS approved counselling.

Appointments can be made by calling 02 8843 2530. Free parking available. For more information contact: Karolyn Ellis, Manager Family and Relationship Counselling Services, [Karolyn.ellis@ccss.org.au](mailto:Karolyn.ellis@ccss.org.au) or 0447 441 862.